

# HEALTH, BEAUTY & WELLNESS

## Cactus Club Salon & Spa



11 Elizabeth Street  
403-938-7304  
www.cactusclubsalonspa.com

Uncompromised Service- Unsurpassed Excellence. Get ready to experience our Award winning services, now celebrating our 20 year anniversary. Visit our website for more cactusclubsalonspa.com

Mon - Fri  
8:00am to 9:00pm  
Sat 9:00am to 5:00pm

## Healing Elements



105, 21 North Railway Street  
403-982-HEAL(4325)  
www.healingelements.ca

Voted "Top Alternative Health Care Practitioner" in Best of the Foothills, Dr. Jared McCollum and Associates are Okotoks first choice for Acupuncture, Chinese medicine, and massage. Discover inner balance and renewed health with our calming therapies. New patients are always welcome, so call today to book your free 15 minute consultation.

Mon - Thurs  
9:00am to 8:00pm  
Fri 9:00am to 4:30pm

## Image Hair Design



17 Elizabeth Street  
403-938-4473  
wendyokotoks@yahoo.ca

Come in and enjoy our warm, friendly, small town atmosphere. We offer colours, weaving, perms, hilites, Men's & Ladies cut & styles, kids cuts on a little bike and hair extensions (weaved or clip-ons). Happy Barber on site also. Coffee is always on and walk-ins are always welcome.

Mon 9:00am to 5:00pm  
Tues & Wed & Fri  
9:00 to 6:00pm  
Thurs 9:00am to 9:00pm  
Sat 8:00am to 4:00pm

## One on One Hair Design



106 - 52 McRae Street  
403-938-3958

Our ammonia free environmentally friendly salon always has a warm welcome. Our motivated & experienced team of stylists look forward to creating the perfect look for you. We offer the finest selection of paraben & sulphate free hair care products.

Mon - Fri  
9:00am to 9:00pm

## Tib Street Hair Studio



40A Elizabeth Street  
403-938-2288  
tib@telus.net

A warm, inviting atmosphere where our professional services "focus on you" & exceed all expectations.

Mon & Fri  
9:00am to 6:00pm  
Tues & Thurs  
9:00am to 9:00pm  
Wed 9:00am to 8:00pm  
Sat 8:00am to 5:00pm

## WINING & DINING

### Bistro Provence



52 North Railway Street  
403-938-2224  
www.bistro-provence.ca

Fine French cuisine in a casual atmosphere prepared by an Executive French Chef. Call 403 938 2224 for reservations and any special dietary needs. Can accommodate parties in separate dining room or off site catering.

Tues - Sat 11:00am to 2:00pm for lunch and 5:30pm to close for dinner.

### Grand Central Bar & Grill



49 Elizabeth Street  
403-938-0929  
grandcentralbar@telus.net

Okotoks's one stop destination spot! We feature a full menu, including appetizers, soups & salads, sandwiches, pasta, pizza and entrees. Daily food & drink specials, VLT gaming, pool tables, TVs, & bar games. Live entertainment Friday nights.

Open daily at 10:30am.

### Blackstone Rotisserie & Grill



97 Elizabeth Street  
403-982-9891  
kwanh@shaw.ca

Newly opened Rotisserie & Grill offering roasted & grilled chicken, ribs & steak. Enjoy our savoury food by dining in our newly renovated house or if you're in a hurry take it to go!

Mon - Sat  
11:00am to 9:30pm

## Divine



42 McRae Street  
403-938-0000  
www.divinefood.ca

Locally Inspired Seasonally Driven Handcrafted Food And Cooking Classes

Lunch:  
Tues - Sat  
11:00am to 2:30pm  
Dinner:  
Thurs - Sat  
5:30pm to close

## Mr Spud Cafe



26 McRae Street  
403-938-1777  
mrspudcafe@yahoo.ca

Come and try our award - winning burgers and homemade fries, fish n' chips & more. All day breakfast available.

Tues - Sat  
9:30am to 8:00pm

### Bluerock Coffee Company



94 Elizabeth Street  
403-938-3003  
www.bluerockcoffee.ca

Open the blue door and enter into a cozy, friendly atmosphere where you can smell the freshly roasted coffees, delicious homemade soups, sandwiches and goodies. Independently owned, the café retails work from local artisans and is available for private functions. Fair trade and gluten-free options are also offered. Visit us for a true coffee house experience!

Mon - Fri 7:30am to 5:00pm  
Sat 9:00am to 5:00 pm

### The Wine Station



109, 21 North Railway Street  
403-995-0371  
www.thewinestation.ca

Come share our passion! The Wine Station offers fantastic wines, artisan beers and quality spirits, with friendly knowledgeable staff. Offering free Saturday afternoon wine samplings; wine tastings & classes; wine clubs; cellarage services; special orders and corporate & private events. Mon - Sat 10:00am to 8:00pm Sun & Holidays noon to 4:00pm



Town of Okotoks Visitor Information Centre  
403-938-3204

Located at the Okotoks Art Gallery at the Station.  
53 North Railway Street

Mon - Fri 10:00am to 5:00pm  
Sat & Sun noon to 5:00pm  
www.okotoksculture.ca

Visitor Information  
email visitorinfo@okotoks.ca  
www.okotoks.ca



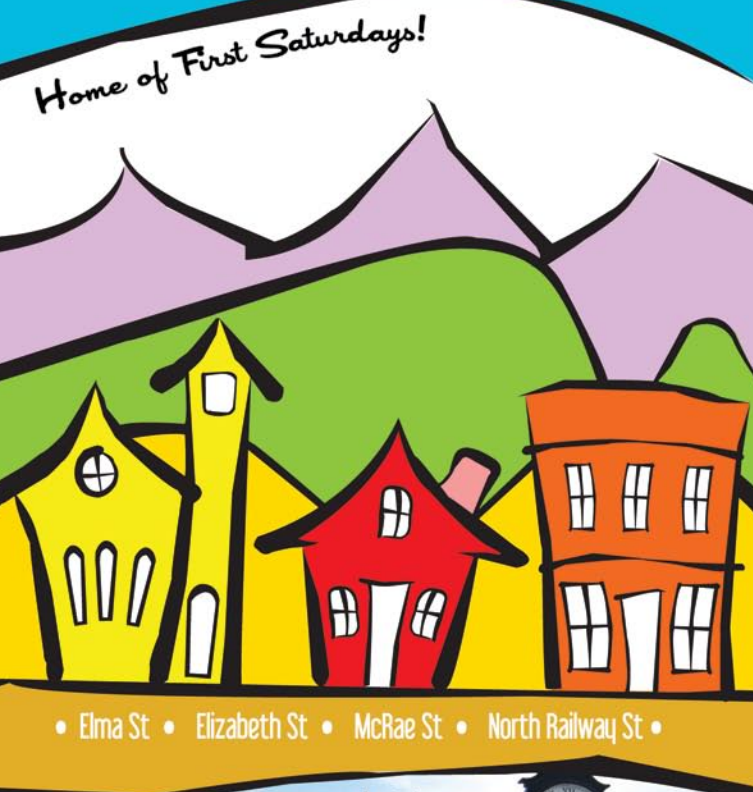
## Your Guide to Truly Unique Experiences

### Annual Calendar of Events

- JANUARY  
Old Fashioned Skating Party
  - FEBRUARY  
Winter Walk Day  
Family Day
  - MARCH  
Winterfest
  - APRIL  
Birth of a Nation Day  
Kite Day  
Annual Easter Egg Hunt  
Chamber of Commerce Trade & Lifestyle Show
  - MAY  
Okotoks Classic Ball Hockey Tournament  
Okotoks Annual Collector Car Auction  
Annual River Valley Clean Up
  - JUNE  
Rotary Soap Box Derby  
Spirit of Okotoks Weekend; Parade & Children's Festival; Big Rock Block Party  
Ride to Conquer Cancer
  - JULY  
July 1 - Canada Day  
Teddy Bear Picnic  
Foothills Theatre Company
  - AUGUST  
Car Cruise Night & Poker Run  
Olde Towne Okotoks Show & Shine  
Summer Music Festival  
Foothills Highland Games
  - SEPTEMBER  
Okotoks Pro Rodeo  
Chili Cook Off; Olde Towne Okotoks Country Fair  
Sheep River Road Race  
Terry Fox Community Run  
September 30- October 2 - Alberta Art Days
  - OCTOBER  
(Saturdays only)- Pumpkin/ Scarecrow Days
  - NOVEMBER  
Okotoks Holiday Light Up  
December 31 - Kids New Year's Eve Party
- For more event listings and information visit  
www.okotoks.ca or www.okotoksculture.ca

Discover...

Olde Towne  
**okotoks**  
2011-2012



• Elma St • Elizabeth St • McRae St • North Railway St •

www.oldtowneokotoks.ca



### In partnership with:

**Western Wheel**



Western Wheel The Eagle 100.9 FM  
9 McRae St. 403-938-NEWS 42 McRae St 403-995-9611

**FIRST SATURDAYS**  
monthly festival of arts & culture

Home of First Saturdays.  
Check out the website:  
okotoksartscouncil.ca/first-saturdays

## SPECIALTY SERVICES

### Altitude Art & Custom Framing



11A Elizabeth Street  
403-995-9983  
www.altitude-art.com

A family owned & run Art Gallery that is proud to represent some of Calgary & Canada's leading Artists. We also offer custom framing of the highest quality. With regular artist's shows, workshops & Artists in attendance, drop in and take a tour of the Gallery.  
Wed - Fri 10:30am to 5:00pm  
Sat 10:00am to 4:00pm  
or by appointment.

### Dr Cindy Kruschel



27D McRae Street  
403-938-2191

An Optometrist, who offers a wide variety of eye care services for you and your family. Cindy has been around for over 18 years and provides excellent knowledge and advice about eyecare, offering eye exams, prescription glasses & sunglasses, contacts and regular sunglasses and they are kid-friendly!  
Tues - Wed 9:00am to 6:00pm  
Thurs 9:00am to 8:00pm

### Elizabeth Street Pet Hospital



2, 74 Elizabeth Street  
403-982-8387  
www.vetokotoks.ca

A complete state of the art eco-friendly small animal veterinary hospital with genuine small town service including laser surgery, digital radiography, ultrasonography, dentistry, telemedicine, chiropractic & physical rehabilitation and canine & equine reproductive services. New clients welcome & we also offer complimentary new puppy & kitten exams.  
Mon/Tues/Fri 8:00am to 6:00pm  
Wed-Thurs 8:00am to 4:00pm  
Sat 9:00am to 4:00pm • Sun 9:00am to 1:00pm

## BOUTIQUES & GIFTS

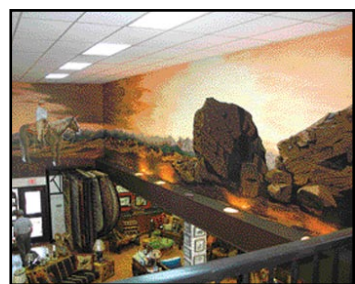
### All Through the House & Okotoks Candy Shoppe



20 McRae Street  
403-995-2399  
www.allthroughthehouse.ca

All Through the House is a unique olde fashioned candy & ice cream shop who also specializes in unique antiques, home decor and everything Christmas. We strive to give you a wonderful shopping experience and you'll find our prices are very reasonable too. Come see what all the fuss is about!  
Summer hours (May-Oct)  
Mon - Thur noon to 8:00pm  
Fri & Sat 10:00am to 8:00pm  
Sun & holidays noon to 5:00pm  
Check our website for winter hours.

### Boot Hill Gallery & Gift Shop



41 Elizabeth Street  
403-938-8102  
www.berniebrown.com

Everything you need for country living & a western lifestyle. Artwork by Bernie Brown, western bronzes, home decor, furniture, custom picture framing, western apparel & more!

Mon - Fri  
10:00am to 6:00pm  
Sat 10:00am to 5:30pm  
Sunday noon to 4:00pm

### Bump 2 Baby Boutique



102B Elizabeth Street  
403-982-8880  
www.bump2babyboutique.com

We offer a wide variety of stylish and affordable items for mom and baby:

- Maternity Wear
- Infant Wear
- Infant Accessories
- Diaper Bags
- Children's Wall art
- A Gift Registry is also available

Tues & Wed 10am to 6pm  
Thurs 10am to 8pm  
Fri - Sun 10am to 6pm

### celadonna kitchen essentials



22 North Railway Street  
403-995-6599  
www.celadonna.ca

celadonna, kitchen essentials is an independently owned specialty kitchen store. It's created with the vision of bringing high quality, unique and contemporary kitchenware and gourmet specialty items to Okotoks and surrounding area. Also inside celadonna, kitchen essentials you will find Wh♥ps! Come in and enjoy a freshly baked whoopie pie with a modern twist to a classic recipe.  
Tues - Sat  
10:00am to 5:00pm  
Sunday noon to 4:00pm

### Deava Beadz Jewellery Boutique



4 Elma Street  
403-938-6168  
www.deavabeadz.ca

Walk through the doorway of Okotoks' favourite Victorian home. Be transformed by the rich colors & textures that serve as the backdrop for quality, handcrafted one of a kind jewellery creations by Erin Morrill. Ask Erin to custom design a piece that is uniquely you, or choose from the many ready-made wonders inspired by silver, semi-precious and precious stones from around the world.  
Your bling is her thing!  
Thurs - Sat noon to 5:00pm or call for a personalized appointment

### Finishing Touches Furniture & Accessories



101 - 15 McRae Street  
403-995-1616  
www.onlinedefinishingtouches.com

Locally made custom heritage furniture. Decorative home accessories. Helping people one season at a time.

Mon - Fri  
10:00am to 6:00pm  
Sat 10:00am to 5:30pm  
Sun & Holidays noon to 4:00pm

### Fresh Country



22 Elizabeth Street  
403-938-9507  
www.freshcountry.ca

A delightful home furnishings store, offering a unique selection of contemporary rustic furniture. We carry solid wood pieces, upholstery, antique Chinese cabinets and beautiful accessories.

Mon - Fri 9:30 to 5:30  
Sat 10:00 to 5:00  
Sun & Holidays Closed

### Heritage Lace Bed & Breakfast and Rainbows End Alterations



2 Elma Street  
403-938-4735  
heritagelacebedandbreakfast@shaw.ca

Visit two businesses in one location. The bed & breakfast is open year-round with four rooms available to accommodate anyone wishing a weekend getaway, holidays and/or weddings. Full Breakfast served.  
There is a complete drapery & alteration service specializing in graduation & weddings.

Tues - Fri  
9:00am to 5:00pm  
Sat 10:00am to 5:00pm or by appointment or reservation

### Homeworks Custom Interiors



16, 49 Elizabeth Street  
403-938-9348  
www.homeworksinteriors.ca

Your one stop design shop! We offer all Interior Design services. Layouts, renovations, planning spaces, blinds & draperies, and so much more. We also carry custom fabrics, furniture and accessories to make your home beautiful. Stop in, browse around, and take home a new treasure!

Mon - Sat  
10:00am to 5:00pm

### La Cucina gourmet pantry & culinary tools (formerly A Touch Of Italy-Okotoks)



94 Elma Street  
403-938-0488  
victoria.okotoks@nucleus.com

From the fresh cup of Italian espresso or cappuccino always offered on your arrival to the myriad of culinary tools & fine gourmet foods filled to the rafters. This quaint shop-in-a-house is a definite gourmands haven.

Tues - Fri  
10:00am to 6:00pm  
Sat 10:00am to 5:00pm.

### Malia's Swimwear Boutique



22 McRae Street  
403-982-swim(7946)  
www.maliasboutique.ca

Come experience an upscale, yet inviting & relaxing boutique catering to ladies & young women who want to find that perfect swimsuit. Swimsuits that fit exceptionally well, are stylish, sophisticated & unique. This collection is further complimented by many matching wraps and dresses, bags, sandals and one of a kind jewellery

Tues - Sat  
11:00am to 5:00pm

### Monkey Mountain Toys & Games



30 McRae Street  
403-995-2233  
www.monkeymountain.ca

A truly unique & magical place to explore! Carrying everything from baby developmental toys to adult games & puzzles. Lots of monkeying around and a whole lot of fun!

Tues, Wed, Fri & Sat  
10:00am to 5:00pm  
Thurs 10:00am to 8:00pm  
Sun noon to 4:00pm  
Extended hours Summer & Christmas.

### Okotoks Flowers & Things



11-49 Elizabeth Street  
403-938-4781 • 1-800-500-0915  
www.okotoksflowersandthings.com

"Flowers say it best" Okotoks Flowers & Things carry a very large selection of bath & body products. Including Fruits & Passion, Thyme, & Barefoot Venus. Our fresh flowers are from worldwide. We have Orchids, Birds of Paradise or Carnations. No matter what your in need of...we carry it!  
Same day delivery.

Mon - Fri  
9:00am to 5:30pm  
Sat 10:00am to 4:00pm

### Rhoda's Elegance... Again



14A-49 Elizabeth Street  
403-995-3637  
www.rhodaselegance.com

Rhoda's Elegance... Again carries top quality consignment clothing and accessories for women and children of all ages. Come check out the new stock arriving daily.

Mon-Sat  
10:00am to 5:00pm

### Rumpled Quilt Skins



64 North Railway Street  
403-938-6269  
www.rumpledquiltskins.ca

Rumpled Quilt Skins is pleased to offer European crafted sewing machines, classes, fabrics, notions, servicing & advice. When you visit them in their 100 year-old rejuvenated sandstone, take a step back in time as you view some of the most beautiful quilts in the country!

Mon - Sat  
9:00am to 5:00pm  
Sun noon to 5:00pm

### Snowflakes & Blossoms Clothing for all Seasons

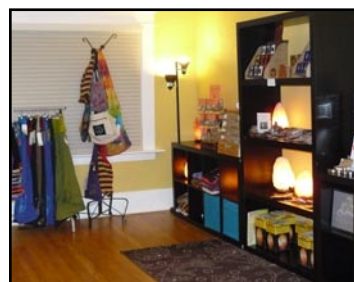


120 Elizabeth Street  
403-536-5825  
www.snowflakesandblossoms.ca

The store name aptly reflects the ability to carry your wardrobe needs comfortably through all seasons. You'll find a wide range of clothing & accessories for women of all ages. Come in for a unique shopping experience with personalized service.

Mon - Sat  
10:00am to 5:30pm

### Sundara Ethical Boutique & Transformation Centre



11 Elma Street  
403-995-9395  
www.sundaraonline.com

Sundara Ethical Boutique specializes in eco friendly clothing, and funky gift items with an ethical connection. Sundara takes pride in providing consumers with earth friendly, well researched products and clothing they can feel great about purchasing. When you make a purchase at Sundara you are contributing to the greater good of the planet! Good For You and Mother Earth Too!!!  
Tues - Fri  
10:00am to 5:00pm  
Sat 10:00am to 4:00pm

### Treasures Upholstery



78 Elma Street  
403-938-2164  
www.upholsterytreasures.com

Specialists in the reupholstery of fine furniture, old classics & antiques. We will custom make your window valances, window cushions, headboards & more. We have a wonderful selection of designer fabrics. Bill Corry, a craftsman with over 40 years of experience, invites you to his workshop.

Mon - Fri  
8:00am to 4:00pm by appointment.

### Tribal Connection Market



41 McRae Street  
403-995-1898  
wbadduke@hotmail.com

Come in and experience Tribal Connection Market. Let us take you away to other countries from around the world. We pride ourselves in supporting other countries less fortunate than us. We offer a wide variety of silver & fashion jewelry, crystals, books, clothing & hats, music, housewares, fountains, feng shui items and much more. Serving fair trade coffee & lattes, fruit smoothies and light lunches.  
Mon - Sat  
10:00am to 5:00pm  
Sun 11:00am to 5:00pm  
Extended summer hours!

### Wild Rose Jewellery & Gifts



21 Elizabeth Street  
403-938-2687  
yanikyan@telusplanet.net

Custom designed jewellery by our goldsmith who has over forty years of experience and has been in Okotoks for more than 27 years. You know you will get quality workmanship. Jewellery repairs are available too. We also carry an assortment of statues & gifts from all over the world.  
Tues - Fri  
10:00am to 5:30pm  
Sat 10:00am to 4:30pm

**Okotoks has it all!**  
...only a 15 minute drive south of Calgary.

Okotoks is a cultural mosaic.  
Check out oldtowneokotoks.ca

**Okotoks**  
A Cultural Mosaic